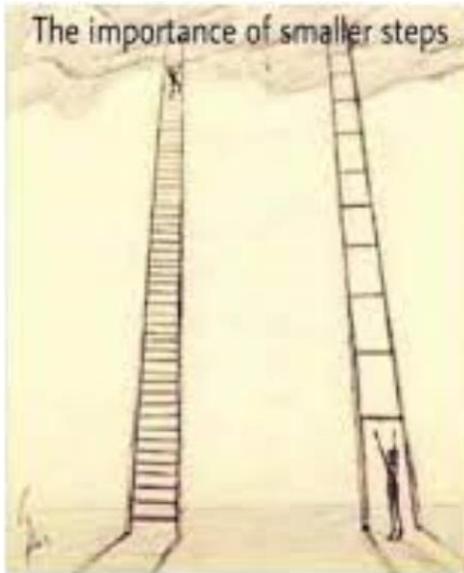


From the Superintendent
October 2021



October has arrived. The change in seasons brings falling leaves, pumpkin spice, shorter days, and Halloween candy! This month also brings a sense of change, going from the last days of summer to the first days of fall. The joke of living in Upstate New York is that winter starts at 6:00 AM, spring starts at 10:00 AM, summer is at 2:00 PM, and fall starts around 4:30ish so dress accordingly! This is always my favorite time of the year. From the cool, crisp mornings to the smell of autumn leaves, I truly enjoy this time of the year.

Take this month to plan the rest of your year. What is it you want to accomplish in the next three months? Goal setting can be a potent motivational tool. When you set a goal, you have the end in mind. Make a goal that is challenging yet attainable. Make a goal that is tangible and realistic. To help keep you on track, write your goal down so you can see it every day.

Also, write down the steps you need to take to accomplish your goal. I have previously written about goals and goal setting; if you have set a goal, now could be an excellent time to check back in on your goal. Do you need to refocus your efforts? Do you need assistance with accomplishing your goal? Whatever you do, do not change your goal. Keep the same goal and focus on achieving it. We encourage the students (and staff) at MCS to set goals for themselves. These can be daily, weekly, or quarterly goals. We are creating systems to help individuals achieve their goals. It will not always be easy, nor will it always be hard. We help our students grow and reach their full potential. We always want you to be part of this process!

My goal for October is not to eat any candy. Ok, it is not to eat too much candy! I will do my best to try and accomplish this goal! But with a big bowl of candy for anyone just waiting on my table in the office, I hope I have the willpower to say no!

Have a great October!
Be safe.

Kyle H. McFarland, Superintendent